

Family-of-Origin 2-Day Advanced Course *for Certified ARISE Interventionists, Interventionists, Substance Abuse Counselors, and Family Therapists and counselors interested in working with addicted clients*

Why participate in the Family-of-Origin course?

Ingrained in each of us are intergenerational patterns and unresolved issues taught by and passed down through one's family-of-origin. Without awareness of how these family-of-origin relationships shape oneself, these patterns play out subconsciously in adult relationships. As Interventionists and counselors, an understanding of one's own family-of-origin can be an invaluable tool—particularly when our patterns match those of the families we serve. By learning to identify one's own patterns and how to capitalize on family strengths, rather than our vulnerabilities, we can better avoid getting caught by a clients' family patterns.



What can I expect at the workshop?

This course is an intensive, experiential, small-group training. The focus will be on strengthening the skills necessary for understanding the inter-generational patterns, traits, unspoken and spoken rules, stories, relationship dynamics, vulnerabilities and strengths that come from one's family-of-origin, as well as that of a clients' families. This workshop will build on the following beliefs:

1. Families are intrinsically healthy;
2. Every family has both strengths and vulnerabilities;
3. Symptomatic behavior has its origins in protection;
4. Families are in constant transition and uncompleted life cycle transitions repeat themselves in families unless understood on a conscious level and resolved.

Workshop techniques:

Both didactic and experiential exercises will be used in the workshop. Recommended reading lists will be provided prior to the workshop and referenced in the didactic presentations. Experiential exercises will include: role-plays, psycho-drama, sculpting, group work and guided meditations. Participants will be encouraged to risk only insofar as they feel safe during the exercises. Additional work in therapy to address issues raised by these experiences may be necessary. Each workshop participant takes responsibility to follow up as needed for their own emotional wellbeing and for the sake of future Intervention work with families.

Workshop leader:

Judith Landau, MB, ChB; DPM; LMFT (NY); CAI, BRI II

Dr. Landau, a child, family and community neuropsychiatrist, has specialized in addiction and other behavioral compulsions for 30+ years, exploring the origins of problems and how to facilitate long-term healing for addicted individuals and their families. As co-developer of the ARISE[®] Intervention and Continuum of Care, an Evidence-Based, Best Practice method for engaging and treating addicted individuals and their families, she has published more than 150 peer-reviewed articles and several books, has taught in over 100 countries and trained over 1000 people as Certified ARISE Interventionists. Dr. Landau is immediate Past-President of the International Family Therapy Association and has served on the board of numerous professional organizations. Dr. Landau has

consulted to NIDA, NIAAA, WHO, SAMSHA, UN and several international governments including Argentina, Hungary, Kosovo, Bosnia, Taiwan, and South Africa. She took early retirement as Professor of Psychiatry and Family Medicine at the University of Rochester to implement her extensively researched theories and methods in communities worldwide. To that end, she now directs The Landau Network of Certified ARISE Interventionists and Judith Landau Consulting, LLC and is President of Linking Human Systems, LLC and LINC Foundation, Inc., all headquartered in Boulder, CO. Dr. Landau is recipient of the American Association of Marriage and Family Therapy's award for Outstanding Contribution to the Field of Marriage and Family Therapy and the American Family Therapy Academy's award for Innovative Contribution to Family Therapy.

When: October 14-15, 2010

Where: Linking Human Systems
1790 30th Street, Suite 440
Boulder, CO 80301

Cost: \$875 if registered on or before Oct. 4th.
\$975 if registered after Oct. 4th.

Payment by check, Visa, or Mastercard. Please make checks payable to LINC Foundation, Inc.

To Register: Call (303) 442-3755 or email ebaldwin@LinkingHumanSystems.com